

Downpatrick Head Loop Walk



These loops are part of a countrywide network of high-quality, circular walks being developed by Fáilte Ireland, Department of Rural & Community Development and Sport Ireland.

The loops have been developed with the kind assistance of local landowners and organisations. It is understood that if persons enter private land they do so by permission and with the consent of the landowners and no matter how often they enter, or in what numbers, they do not do so as of any right.

Trail Grade Definitions:

Multi-Access

Generally flat trails with good surfaces, suitable for some elderly users, parents with buggies or very young children. Typical duration up to one hour.

Green	Easy, short (1-2hrs), suitable for all levels of fitness
Blue	Moderate difficulty (2-3 hrs), suitable for medium levels of fitness
Red	Hard (3-5 hrs), suited to walkers with higher than average levels of fitness
Purple	Difficult terrain, more high level
Yellow	Indicate Waymarked Ways and most linear routes

We welcome feedback about your walking experience.

Please contact us at:
info@mayowalks.ie visit@mayo.ie

Think Safety!

- A section of this route is shared with vehicles – be aware!
- Keep Children under close supervision
- Take adequate clothing, food and fluid
- If you encounter any difficulties, contact 999 or 112

Information

Further information relating to Walking in County Mayo is available from:
www.mayowalks.ie www.mayo.ie/walking

- Location:** Downpatrick Head
- Start / Finish / Trailhead:** Carpark
- Distance:** 1.4km
- Estimated Time:** Allow up to 1 hour
- Total Ascent:** 23m
- Maximum Elevation:** 37m
- Terrain:** Grass tracks and gravel path
- Trail Waymarking:** Black Post 1 metre high with a Green travel arrow highlighted
- Level of Difficulty:** Easy - beware of dangerous cliff edge
Children should be supervised at all times
- Map Reference:** OS Discovery Series 23
- Minimum Gear:** Sturdy walking shoes / boots, waterproofs, mobile phone, snacks & fluids
- Services:** Ballycastle

Principles of Outdoor Ethics

Please adhere to this code in any trips to the outdoors:

1. Plan ahead and prepare
2. Dispose of waste properly
3. Leave what you find
4. Respect wildlife and farm stock
5. Be considerate of others
6. Minimise the effects of fire

In The Event Of An Emergency Dial: 112 or 999



Please exercise extreme caution at cliff edge
Children should be supervised at all times



Fáilte Ireland
National Tourism Development Authority



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